

THE
ABIDE
Method™

A SIMPLE PROCESS
FOR
STUDYING SCRIPTURE
with Confidence



A
ASK GOD



B
BEHOLD
THE TEXT



I
INVESTIGATE
THE MEANING



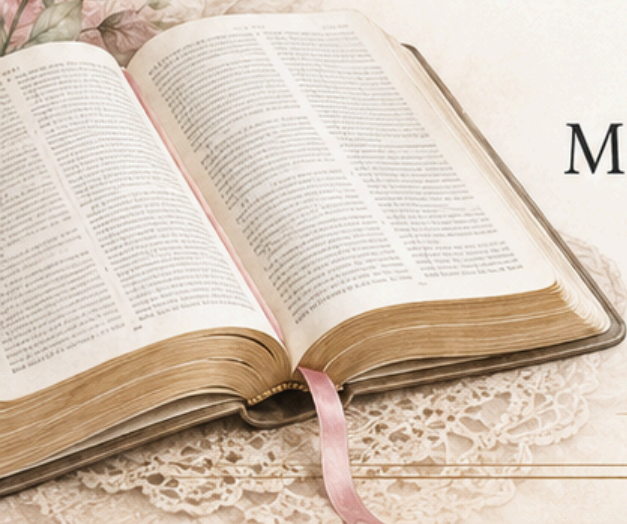
D
DIG
DEEPER



E
EMBRACE
THE TRUTH

BY
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FOUNDER OF
Abide and Bloom Circle



Welcome

Have you ever opened your Bible and wondered:

- Where do I begin?
- What am I supposed to look for?
- How do I know what a passage means?
- How do I apply it to my life?

You are not alone.

Many women desire a deeper relationship with God but have never been taught a simple process for studying Scripture independently. They read devotionals, listen to sermons, and participate in Bible studies, yet still feel uncertain when studying God's Word on their own.

The ABIDE Method™ was created to provide a clear, repeatable framework that helps believers move from simply reading Scripture to studying it with confidence.

This method combines the strengths of the Inductive Bible study with practical study tools and personal application.

The goal is not simply to gain knowledge.

The goal is transformation through God's Word.

"Abide in me, and I in you." — John 15:4





A — Ask God

Begin With Prayer

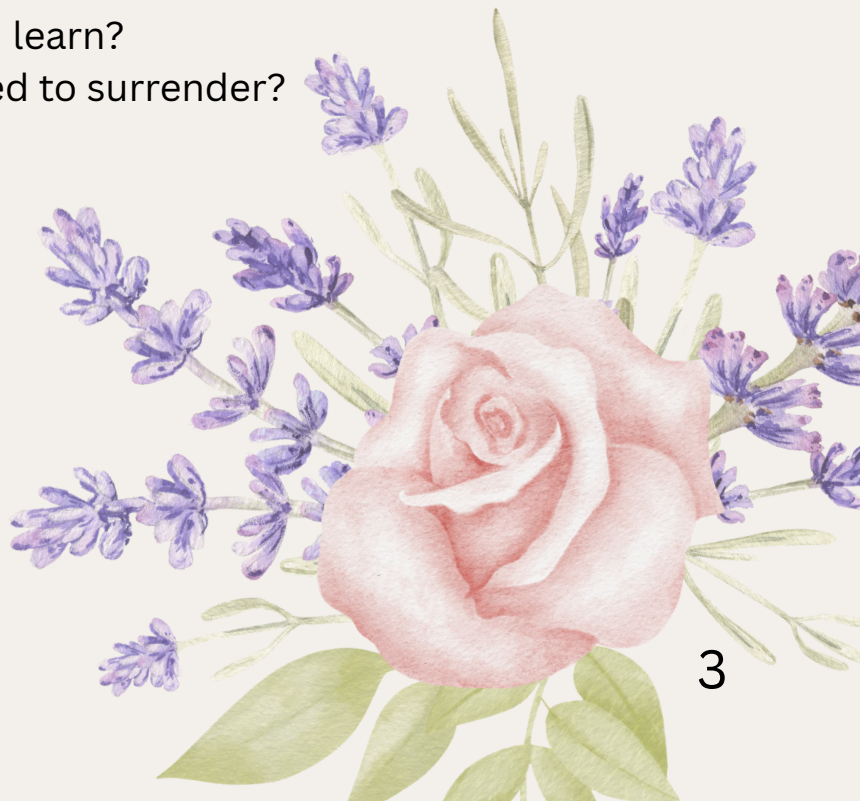
- Bible study is not merely an intellectual exercise. It is a spiritual activity that requires dependence upon the Holy Spirit.
- Before opening commentaries, study guides, or other resources, begin by seeking God.

Why This Step Matters

- Prayer prepares your heart to receive God's truth.
- It reminds us that understanding ultimately comes from Him.
- Prayer also cultivates humility and a willingness to obey what we learn.

Questions to Ask

- What does God want to teach me today?
- Am I approaching His Word with humility?
- Is there any sin I need to confess?
- Am I willing to obey what I learn?
- What distractions do I need to surrender?





What Is the ABIDE Method™?

The ABIDE Method™ is a five-step process:

A — Ask God

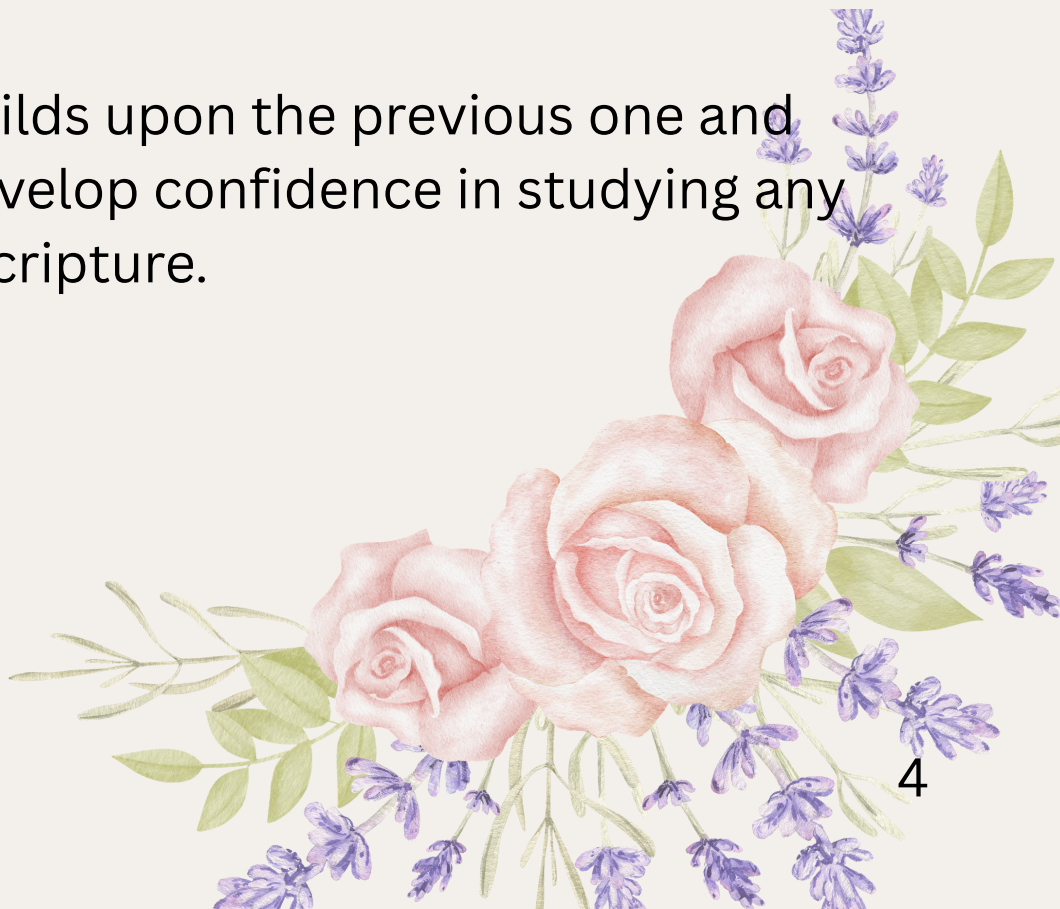
B — Behold the Text

I — Investigate the Meaning

D — Dig Deeper

E — Embrace the Truth

Each step builds upon the previous one and helps you develop confidence in studying any passage of Scripture.





B — Behold the Text

Observe Before You Interpret

One of the most common Bible study mistakes is rushing to interpretation. We often ask, “What does this mean?” before we ask, “What does it say?” Observation is the foundation of Bible study.

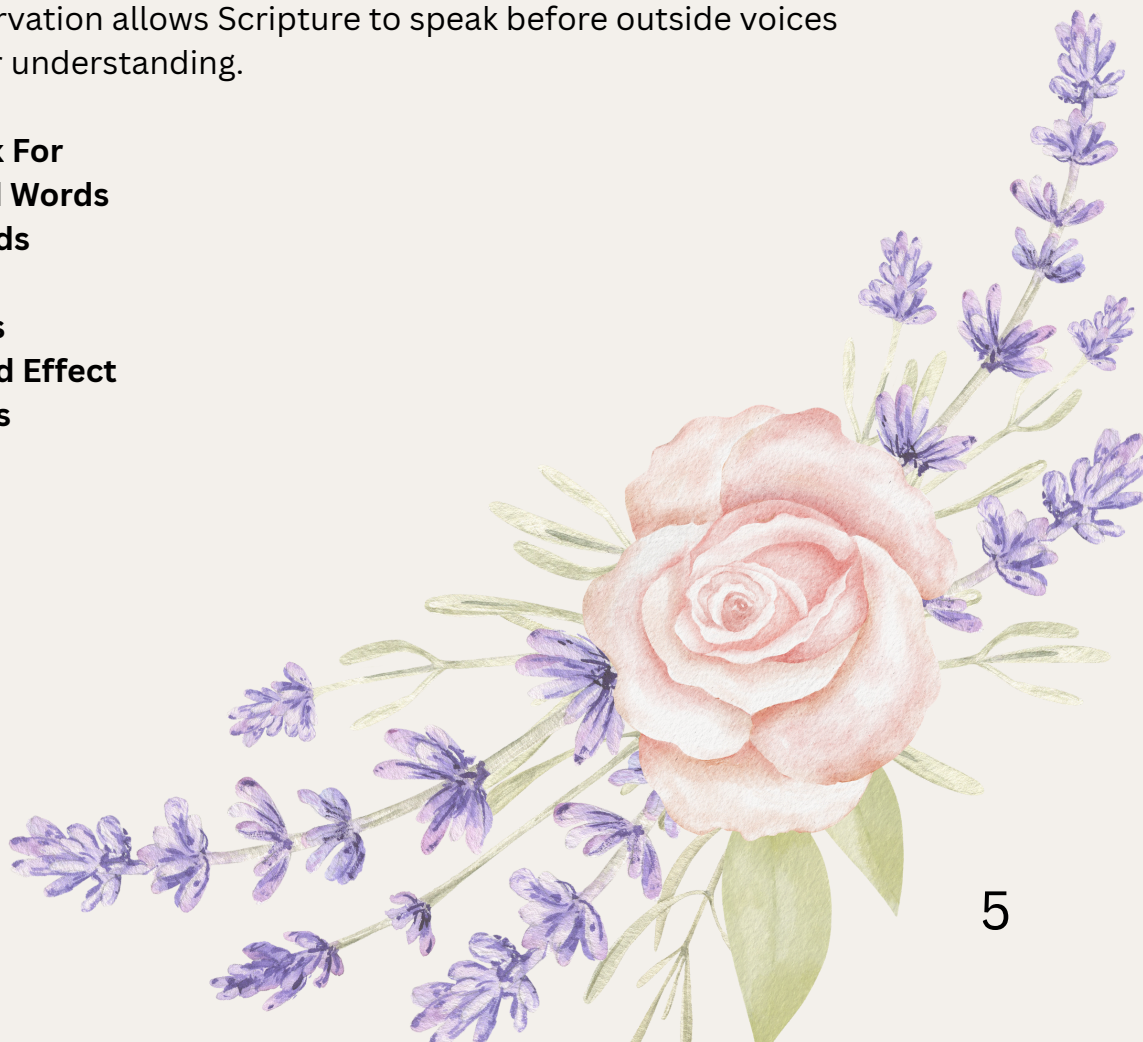
Why This Step Matters

The text itself contains clues that help us understand God’s message.

Careful observation allows Scripture to speak before outside voices influence our understanding.

What to Look For

- **Repeated Words**
- **Commands**
- **Promises**
- **Contrasts**
- **Cause and Effect**
- **Questions**





I — Investigate the Meaning

- Discover What the Passage Means
- Scripture cannot mean today what it never meant when it was written.
- Understanding the original context protects us from misunderstanding the text.

Questions to Ask

- Who is the Author?
- To whom was it written?
- How would the audience have responded?
- Why was it written?
- What can this tell me about God?

Interpretation Principles

1. Let Scripture interpret Scripture.
2. Read verses within their context.
3. Consider the historical setting.
4. Consider the literary genre.
5. Avoid taking verses out of context.





B — Dig Deeper

The ABIDE Method™ encourages personal study first and outside resources second.

Why This Step Matters

- Study tools provide a deeper understanding and additional context.
- They help answer questions that arise during observation and interpretation.

Recommended Study Tools

- Cross References
- Word Studies
- Verse Mapping
- Bible Dictionaries
- Commentaries



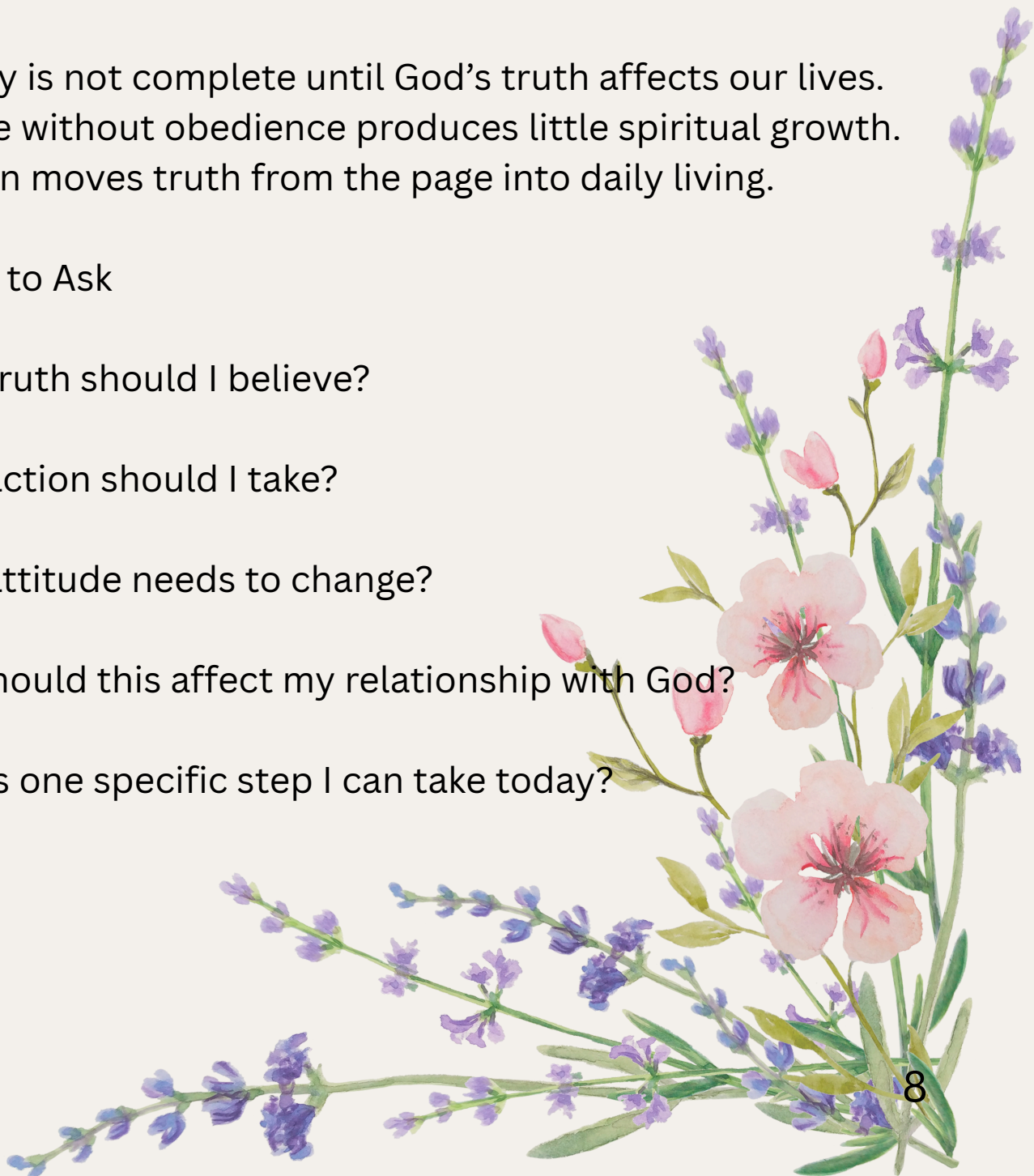


E — Embrace the Truth

Bible study is not complete until God's truth affects our lives. Knowledge without obedience produces little spiritual growth. Application moves truth from the page into daily living.

Questions to Ask

- What truth should I believe?
- What action should I take?
- What attitude needs to change?
- How should this affect my relationship with God?
- What is one specific step I can take today?



Putting It All Together

Imagine studying Philippians 4:6-7.

Ask God

Pray for wisdom and understanding.

Behold the Text

Notice:

- Commands: Do not be anxious, pray
- Repeated themes: peace, prayer
- Promise: God's peace will guard your heart
-

Investigate the Meaning

Paul is encouraging believers to replace anxiety with prayer and trust in God.

Dig Deeper

Examine cross references about anxiety and prayer.
Study the meaning of "peace."

Embrace the Truth

Choose one concern and intentionally surrender it to God through prayer.





The Goal of the ABIDE Method™

The ABIDE Method™ helps believers:

- Study Scripture confidently
- Understand biblical context
- Observe carefully
- Interpret accurately
- Apply truth faithfully
- Grow closer to Christ
-

As you practice this method consistently, you will become less dependent on others to explain Scripture and more confident in your own ability to engage deeply with God's Word.

Most importantly, you will learn to abide in Christ through regular study of His Word.



Final Encouragement

Don't worry about doing every step perfectly.

Bible study is a skill that grows through practice.

Start small.

Stay consistent.

Trust God to guide you.

Each time you open His Word, you are spending time with the Author Himself. And that is where true growth begins.

“Abide in me, and I in you.” — John
15:4



THE ABIDE Method™

QUICK REFERENCE GUIDE

A SIMPLE PROCESS FOR STUDYING SCRIPTURE WITH CONFIDENCE

1



A

ASK GOD

Invite God into your study.

- Pray for wisdom, understanding, and a heart to know Him.
- Ask the Holy Spirit to guide you.
- Be still and open to Him.

James 1:5

2



B

BEHOLD THE TEXT

Observe what the text says.

- Read the passage carefully.
- Look for key words, repeated phrases, and main ideas.
- Note who, what, when, where, why, and how.

Psalms 119:105

3



I

INVESTIGATE THE MEANING

Interpret what the text means.

- Look up cross-references.
- Consider the context.
- Use study tools (commentaries, dictionaries, concordances).
- Ask: What is the author teaching?

2 Timothy 2:15

4



D

DIG DEEPER

Discover what the text reveals.

- Look for truths about God.
- Look for truths about people.
- Look for commands to obey.
- Look for promises to claim.
- Look for examples to follow.

Isaiah 55:8-9

5



E

EMBRACE THE TRUTH

Apply the truth to your life.

- Ask: How does this apply to me?
- Obey what God is teaching.
- Write it down.
- Live it out by faith.

James 1:22

STUDY TOOLS TO HELP YOU

- Bible
- Commentaries
- Concordances
- Bible Dictionaries
- Cross-Reference Tools
- Study Notes

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.

2 TIMOTHY 3:16

TIPS FOR SUCCESS

- ♥ Be consistent.
- ♥ Create a quiet space.
- ♥ Take your time.
- ♥ Write down what you learn.
- ♥ Review and reflect.
- ♥ Pray always.



ABIDE IN HIS WORD, AND BLOOM IN HIS LOVE.

"Your word is a lamp to my feet and a light to my path."

PSALM 119:105

Abide in me, and I in you.

JOHN 15:4

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